



WOOLLEN PRODUCTS

In the past, wool has been valued as a precious natural resource all over the world, but these days, the majority of Slovenian sheep wool is discarded or burned as waste material. Rugs, slippers, clothes, bags and decorations can be created using wool – not only that, wool is also a great thermal building isolation. Sheep fleece is protected with lanolin, wax of a high quality that can be used in natural cosmetics. Wool is a gratifying material that has both cooling and heating capabilities.

At the workshop you will be introduced to the process of preparing the woollen yarn for spinning and felting. Also, by technique called needle felting, you will create your very own piece of jewellery. Natural pigment from onions will be used to complement the natural wool colours.



WOODEN PRODUCTS

Slovenia is one of the most forested countries in Europe. Our ancestors were very much aware that timber is of a great value, they were familiar with different kinds of wood and its applicability. To master this traditional craft one has to know tree species, optimal felling timings, drying, processing of timber into a product and its protection. Life-span of the wooden product can be prolonged when handled in the correct way, so it is nowadays yet again recognized as a sustainable material.

At the workshop you will learn the old ways of wood processing and make a small kitchen knife and a pendant. Unique patterns will be carved or burned (with the help of sun-light) into wooden products. They will then be saturated by herbal essences and impregnated with beeswax.



FABRIC

The name of the village Lanišče (lan = flax) comes from the days when people grew their own flax here, weave it and make linen, towels, clothes and underwear from it. The workshop is hosted by Mr Janez and Mrs Ivanka Skubic that put a lot of effort into reconstructing the traditional process of flax cultivation and creating fabric from the plant.

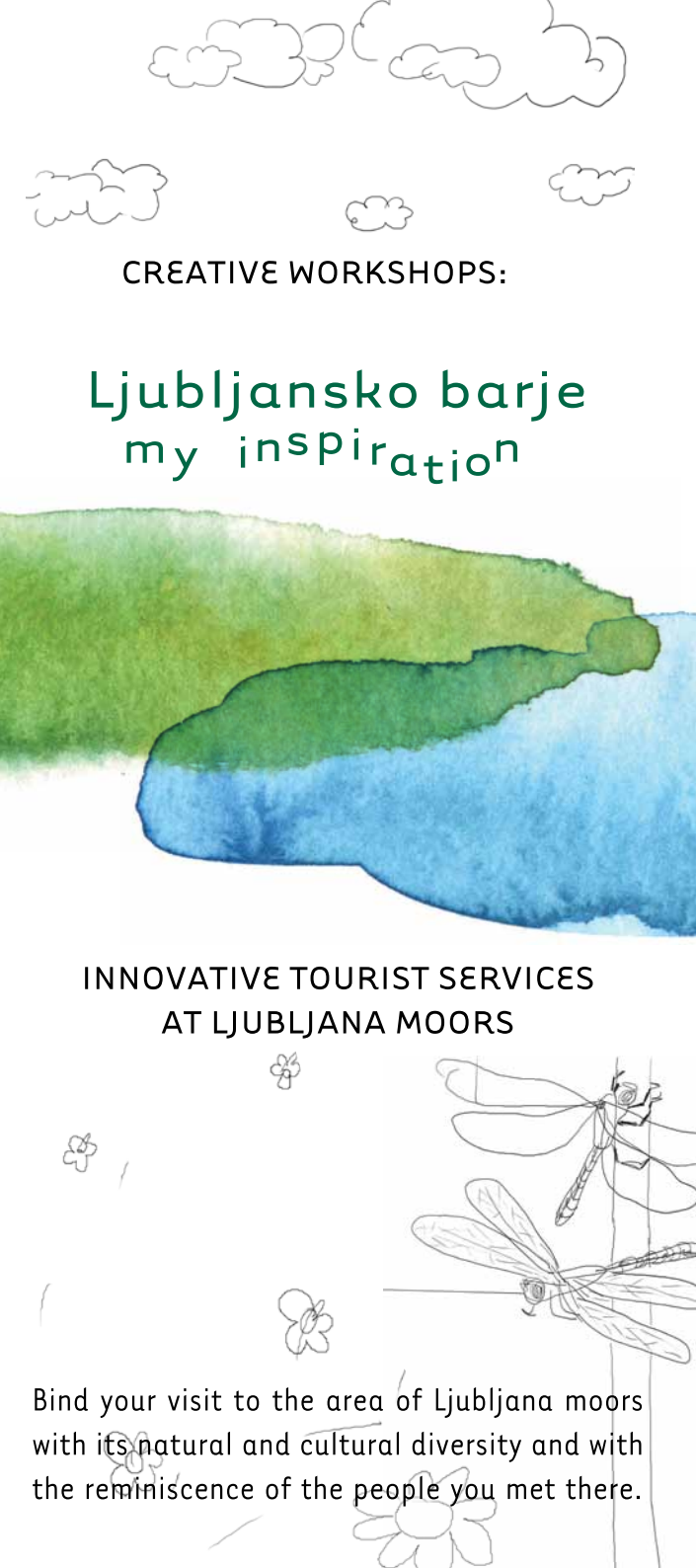
At the workshop we will make a neat sack out of second-hand cloth. Using fresh leaves and flowers you will than print the sack and complement it with a piece of string that you will make yourself. In winter, the applications will be created by needlework or embroidery.



WICKERWORK

Wickerwork is a traditional Slovenian craft which still exists in Ljubljana moors. Wicker products can be beautiful, stylish and useful in modern days. Locals used to make doormats, rugs, backpacks, a variety of baskets, brooms, straw hats, bags and slippers, but unfortunately there are not a lot of people in Barje still preserving this tradition.

At the workshop you will create a small table basket and learn about different local materials and weaving techniques. To master this traditional craft one has to know different plants, optimal harvest timings, drying methods, and the material preparation and protection.



CREATIVE WORKSHOPS:

Ljubljansko barje
my inspiration

INNOVATIVE TOURIST SERVICES AT LJUBLJANA MOORS

Bind your visit to the area of Ljubljana moors with its natural and cultural diversity and with the reminiscence of the people you met there.

It is interesting to visit the picturesque boggy landscape and all its cultural and natural riches in all seasons and at different times of the day.

Complement your morning bird-watching and hike amongst the meadows or cultural sights by taking part in creative workshops **LJUBLJANSKO BARJE – MY INSPIRATION**. All interested in natural products and learning traditional handicraft skills can choose from six different workshops. While creating a souvenir, a useful product like wild pesto or all-natural body cream, you will be introduced to natural materials and ways of making new products out of them.

Workshops are a proven method to genuinely experience local environment and are suitable for all generations.

CONTACT TOURIST INFORMATION CENTRE LJUBLJANA
TO FIND OUT ABOUT THE SCHEDULED WORKSHOPS!

*Workshops last for 3 hours and will be carried out for a minimum of 4 and a maximum of 15 participants. To ensure the high quality of the workshop the organizer reserves the right to change the workshop's location. For organized groups special times and locations can be arranged.

*Workshops are conducted in Slovenian or English language, but can be arranged in German, French, Spanish or Italian for additional payment of 70 EUR.

*Workshops are free of charge for children under 7 when accompanied by an adult.

SERVICE	no. of participants	price in EUR
Workshop	4-8	40,00 (per person)
	9-15	28,00 (per person)
Guided tour of Ljubljana moors; including the transportation to the workshop location	4-8	200,00 (per group)
	9-15	320,00 (per group)

WILD FOOD

product	wild pesto
location	farm 'Kmetija pri Anici', Lipe 20, Črna vas
season	May–September
cost of TAXI transport	23 EUR per group (up to 4 people)

NATURAL COSMETICS

product	universal cream
location	beekeeping 'Čebelarstvo Zlatko Bedekovič', Podplešivica 20, Notranje Gorice
season	May–September
cost of TAXI transport	31 EUR per group (up to 4 people)

FABRIC

product	sack
location	farmhouse 'Pr Mihov'c', Šmarska cesta 89, Lanišče pri Škofljici
season	throughout the year
cost of TAXI transport	20 EUR per group (up to 4 people)

WOOLLEN PRODUCTS

product	jewellery
location	Debevec Janez, Zabočevo 6, Borovnica
season	throughout the year
cost of TAXI transport	58 EUR per group (up to 4 people)

WICKERWORK

product	small table basket
location	Janez Janželj, Pako 6, Borovnica
season	May–September
cost of TAXI transport	32 EUR per group (up to 4 people)

WOODEN PRODUCTS

product	small kitchen knife, scented pendant
location	Franc Trček, Bevke 146, Bevke
season	throughout the year
cost of TAXI transport	29 EUR per group (up to 4 people)

Costs of TAXI transportation are calculated according to the TAXI Metro, April 2013 rates.



WILD FOOD

Ljubljana moors are full of edible wild plants that can be gathered. Wild food is a healthy food supplement as plants grown in the wild have three to four times higher content of minerals and vitamins than those cultivated in the home organic garden.

The workshop will introduce you to medicinal plants. Also, you will make wild pesto with an addition of cold-pressed oil, and salt that will keep the product fresh for longer. Pesto can be used as bread spread, pasta sauce or as an extra to other sauces. You will store it in the recycled glass containers.

NATURAL COSMETICS

Natural cosmetics from locally grown natural and organic ingredients can be a great replacement to cosmetic products generally used, especially to those that are cheaper and of a lesser quality.

The workshop will introduce you to the problems of cosmetic industry and the possibilities of being self-sufficient. You will also learn about herbs and permanent packaging. You will find out that you can make your own toothpaste, massage oil, deodorant, soap, shampoo etc. Even more, you will make a simple, universal cream using cold-pressed oil and virgin beeswax that is suitable for all skin types and can be used anywhere on the body.



Creative workshops resulted from cooperation among the Ljubljana moors local inhabitants, the Smetumet cultural-ecological fellowship, the Public Institute Ljubljana Tourism and a group of landscape architects from Ljubljana Urban Planning Institute (LUZ d.d.), that is the Slovenian partner of the 'Vital Landscapes' European Project. Workshops were based on experiences from the summer creative workshops for children that took place at selected local craftsmen's shops and homes and attracted a considerable interest among all participants. Workshops mentors come from the Smetumet cultural-ecological fellowship in cooperation with the local artisans and farmers. The Vital Landscapes project is implemented through the Central Europe Programme and co-financed by the European Regional Development Fund (ERDF). Photographs by: Smetumet, Luka Vidic

